



WORKSHOP DESCRIPTIONS

If You Could See What I Hear

Understand and embrace **behavioral preferences** in self and others for a better understanding of what makes you and those around you tick. Gain needed tools for enhanced communication and reap the benefits in all your relationships.

Secure Your Own Mask First

Cheryl's revelation from a flight attendant helps audiences understand the need to **take care of self** in order to be effective in other arenas. Participants discuss life roles and corresponding stresses, as well as strategies for gaining or regaining life/work balance.

Four Ps in a Pod

Learn the four Ps of **networking** and discover your own networking preference. Participants gain the keys to unlock their networking potential for personal enjoyment and professional success.

Select²

Learn how outstanding organizations consistently deliver excellent **customer service** and what steps your organization can take to immediately and positively impact customer service.

****Customized Programs available upon request.**

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